



FOR IMMEDIATE RELEASE

CONTACT

Daniel Cassaro
Health & Safety Specialist
Phone: (407) 823-6357
sgahealth@ucf.edu

Safe Knight Month

Orlando, Fla. (February 06, 2014) – The Student Government Association (SGA) will be having Safe Knight Month throughout February, it will consists of programming to encourage students to live healthy and safe lives.

The month will consist of 10 events in total and began on February 4, 2014 with Relaxation and Mindfulness through Gardening that occurred at 10 a.m. located in the Arboretum.

The target for the programming set was to help foster positive relationships, an expected but under focused need at a university with so many students. Examples of target issues the programs will address include violence prevention, safer sex workshops, healthy relationships and others.

“With all the stress of being a student we forget little things that make all the difference when it comes to our safety and health” remarked Daniel Cassaro, SGA’s Health & Safety Specialist, he continued to say “this is the problem this month is dedicated to address, to ensure students are aware of issues such as sex alternatives and the negative consequences from drinking and driving.”

On February 26, Safe Knight Month will come to a close with its premier event Simulated Impaired Driving Experience on Memory Mall from 11 a.m. to 2 p.m.

The UCF Student Government Association is a representative body modeled after the United States government. Through the three branches – executive, legislative and judicial – the UCF Student Government Association represents student issues and concerns at all levels of university decision-making. In addition, the UCF Student Government Association is constantly creating new services and initiatives aiming to make campus life better for all UCF Knights. For more information, contact the Public Relations coordinator at sga_pr@ucf.edu or at (407) 823-6357.

###